

FAMILY FITNESS NIGHT

February 9, 2017

6:00p.m.-7:30p.m.

At Ephesus Elementary

Come one come all and join us for a fun filled evening of health and wellness



Participate in:

Taekwondo, Zumba, Pop-Up Workout, Pacer Test, Girls on the Run, and much much more!

★ All children must be accompanied by an adult at all times.



Raffle...Raffle...Raffle

reCharge Pilates & Barre in partner with Ephesus will host a raffle with AWESOME prizes. All proceeds will go towards Ephesus Elementary School.